

Northwest Region  
Hometown Health Improvement  
December 2011

**Baxter County**

**LHU Administrator: Judy Martin**

**AGING POPULATION:** Strong Women exercise class, daily, MURK Center and Norfolk United Methodist Church, PEPPi exercise class BC Senior Center, daily, Senior Exercise, First Baptist Church, Thursday's, ZUMBA GOLD, daily, Senior Center

**ALCOHOL & DRUG PREVENTION:** Alcoholics Anonymous daily, AL-ANON daily, Narcotics Anonymous daily

**BREAST CARE:** Display for Mammograms Baxter County Health Unit, Women Listen, Inspire, Friendship and Educate women's health education Schliemann Center

**BREASTFEEDING:** Display for Breastfeeding promotion Baxter County Health Unit, Breastfeeding support Pregnancy Resource Center

**CANCER:** Caregiver Support Group and Cancer Wellness, Peitz Cancer Support House

**CHILD/SCHOOL HEALTH:** Ages 2&3, Kiddies Social Time, interactive fitness program that encourages physical, social and emotional growth along with parent/child bonding. BC Library.

**DIABETES:** Free diabetic education, cooking classes, free testing supplies, free diabetic meds., Mtn Home Christian Clinic. Diabetic Support group, BRMC

**EMERGENCY PREPAREDNESS:** Emergency training and planning, Baxter Regional Medical Center

**ENVIRONMENTAL HEALTH:** Act 811 posters and info

**FAMILY PLANNING:** DHS info given for FP, information left in DHS lobby

**HEART DISEASE/STROKE:** Mtn Home Christian Clinic, BRMC Stroke Support group, MURK Center

**IMMUNIZATION:** Treasure chest give aways to promote IMMS given to each child receiving imm's

**INFANT MORTALITY:** Parenting classes BRMC, Back To Sleep BCHU, free baby blankets provided to all new baby's in WIC

**INJURY PREVENTION:** MURK Center on aging providing education on injury prevention, Posters in BCHU waiting room with warnings about medication and the need to keep out of children's reach.

**NUTRITION, OBESITY:** Tops, WT Watchers Van Matre Senior Center

**PHYSICAL ACTIVITY:** TOPS131, Redeemer Lutheran Church, Fitness For Men Oakland Community Center, Senior Exercise First Baptist Church, PEPPi Van Matre Senior Center, Yoga for Cancer Survivors Peitz Cancer Support House, Strong Women Norfolk United Methodist Church, Healthy Steps Exercise for Cancer Survivors PEITZ Cancer Support House, Chair Yoga Van Matre Senior Center

**STD/AIDS/HIV:** STD/AIDS/HIV info education BCHU

**TEEN PREGNANCY:** Mountain Home Pregnancy Resource Center, assisting with planned and unplanned pregnancy, Planning free clinic

**TOBACCO/SMOKING CESSATION:** Referrals to Hotline provided to community

**YOUTH OUTREACH:** Working with Baxter County Alternative School, event planning

**WORKSITE WELLNESS:** ASU Mtn Home assisting with planning for walking trails

**RESOURCE DIRECTORY DEVELOPED:** Assisted MURK CENTER on Aging with new resource directory

**MEETINGS**

MURCK Center on Aging Board meeting Dec 6<sup>th</sup>

**NETWORKING**

- November 14<sup>th</sup> Baxter County Courthouse Judge, Working on new LHU project
- BRMC November 14<sup>th</sup> Mary VanScoyoc, working on nursing inservices
- Tina Cole, November 21<sup>st</sup> Baxter County Safety Officer, working on MRC for Baxter County

**PRESENTATIONS**

- 12/8/11 Pregnancy Resource Center Lou Ann McLendon presented BCHU programs to Pregnancy Resource Center
- 12/15/11 Mountain Home Christian Clinic LHU program information presented by Lou Ann McLendon

**Benton County****LHU Administrator: Loy Bailey****MEETINGS**

- Drug Free Rogers/Lowell Board Meeting/End of Year Celebration of accomplishments
- Benton County Medical Reserve Corps Monthly organizational mtg
- NWA Emergency Preparedness Conference Jones Center/Springdale

**GRANTS****MRC grant received Developmental****Boone County****LHU Administrator: Debbie Johnson**

Report not received

**Carroll County****LHU Administrator: Sherri Plumlee**

Report not received

**Conway County****LHU Administrator: Jaynie Jones**

Report not received

**Crawford County****LHU Administrator: Michelle Hammer****ENVIRONMENTAL HEALTH:** Crawford Co.EHS staff- presentation re: soils & LHU services @Ramsey Jr. High School in Fort Smith 12/12/11**CCHEC Meeting** not held for Dec. 2011-next meeting 01/24/12@ 11:30 @ LHU**SCHOOL FLU CLINIC:** School flu clinics for Van Buren School District-12/1, 12/5, 12/8, 12/12, &12/15/11**MEETINGS:**

- MRC Mtg-12/8/11@18:00: Crawford Co. Medical Reserve Core-12/8/11@ OEM Bldg

**Franklin County****LHU Administrator: Rebecca Wright**

MDP WITH SARA DANIELS

12/15/11 WORKED ON WAITING ROOM PROMOTING SOS

**Johnson County****LHU Administrator: Judy Bradley****ORAL HEALTH:** Provides tooth brushes at each WIC certification at the LHU. Toothbrushes were taken to the new Burmese population in Clarksville.**TOBACCO/SMOKING CESSATION:** Scotty Manning and Pat Brown presented a tobacco presentation regarding the changing and emerging tobacco products available to our kids Dec 8<sup>th</sup> at Clarksville Middle/Elementary Parent/Teacher Association**OTHERS: WIC:** Outreach form completed. Dec 22<sup>nd</sup> provided and orientation for the Burmese population in Clarksville. Margaret Chappell and Paula Green went to the complex where the refugees are housed and provided information as well as personal grooming needs.**OTHERS: FLU VACCINE:** Provided flu vaccines to Whitson Morgan Motor Company on Dec 7<sup>th</sup>. 30 vaccines were given. Judy Bradley and Annie Torres**MEETINGS:**

- Kiwanas Civic group met on Dec 2<sup>nd</sup> at the University of the Ozarks –Judy Bradley

**MEDIA:****The Graphic- Community Foundation grants checks awarded to Johnson County Community****December 14<sup>th</sup> article regarding It's not too late to get the flu vaccine.****December 14<sup>th</sup> article regarding Clarksville Police Department received a grant to target underage drinking in Johnson County.****Logan County****LHU Administrator: Judy Houston**

Report not received

**Madison County****LHU Administrator: Shana Villines**

**ALCOHOL & DRUG PREVENTION:** Drug Free Communities Grant Activities completed by Project Coordinator

- Placed an ad in the St. Paul Yearbook
- Received approval for and ordered Billboard Vinyl for 412
- Met with Huntsville High School Students and planned radio ads
- Created EUDL/MCCC Letters to Santa Print Ad
- In the process of organizing Basketball Game Sponsorships for each local high school

**CAR SEAT SAFETY:** Partnered with Rusty Johnson, Certified Installer, and installed 8 car seats this month.

**DIABETES:** Madison County had its second Diabetes Support group meeting this month.

**INJURY PREVENTION:** Planning car seat safety day for May 2012

**TOBACCO/SMOKING CESSATION:** Project Coordinator has been recruiting youth from Huntsville Schools to help her with anti-tobacco media campaign

**OTHERS: LITERACY** Attended meeting at United Way of Northwest AR. MCHC will be partnering with them to promote Dolly Parton's Imagination Library and recruit Madison County residents.

**RESOURCE DIRECTORY DEVELOPED:** 2012 Annual Health Resource Guide is complete and copies distributed

**SPONSORED TRAINING FOR COMMUNITY/COALITION:** Social Media Training for coalition members

**OTHERS:** 2011 4<sup>th</sup> quarter newsletter completed and mailed

**MEETINGS:**

- Coalition planning meeting

**MEDIA:**

**Local newspaper** Articles on meth prevention

Article on breast screening services offered in our county

## **Marion County**

**Acting LHU Administrator: Valerie Shipman**

**AGING POPULATION:** Silver Sneakers exercise classes in Yellville and Bull Shoals

**CHILD/SCHOOL HEALTH:** CHNS assisted schools with personal care issues and vision procedures

**DIABETES, HEART DISEASE/STROKE, OBESITY, PHYSICAL ACTIVITY:** Exercise classes

**TEEN PREGNANCY:** HTH discussed grant possibilities for future

**MEETINGS**

HTH Coalition meeting Marion Co.

**ADMINISTRATIVE FUNCTIONS: 121411** Contacted Emily Harris regarding a presentation in March for MCHTH.

## **Newton County**

**Acting LHU Administrator: Regina Tkachuk**

**DIABETES:** 12-15-11 @ 11am The Newton County Senior Center hosted "Diabetes: Information You Need to Know" which was provided through the NC Extension office. The presentation featured experts from the Department of Health, In-Home Services-Newton County, Jasper Pharmacy, Area Agency on Aging, and the Extension Office.

**OBESITY:** Karen Hill from Healthy Kids/Healthy Ozarks gave an update on grants proposed to help develop a Farmers Market in Newton County at the December 08<sup>th</sup> HHI meeting.

**OTHERS: RURAL HEALTH:** Linda Chappell of the Newton County Extension Office distributed information about the UAMS Community Discussion on Rural Health Needs at the December 08<sup>th</sup> HHI Meeting.

**PRESENTATIONS**

- **121211** The Newton County Senior Center hosted "Diabetes: Information You Need to Know" which was provided through the NC Extension office. The presentation featured experts from the Department of Health, In-Home Services-Newton County, Jasper Pharmacy, Area Agency on Aging, and the Extension Office.
- **120811** Holly Gilles presented a Power Point presentation of the 2011 Newton County Flu Clinic and Health Fair to the members of the Hometown Health Coalition.

## **Pope County**

**LHU Administrator: Pam Sellers**

**ALCOHOL & DRUG PREVENTION:** TLC planning meetings Dec 6<sup>th</sup>, Dec 9<sup>th</sup>

**TEEN PREGNANCY:** Teen Mom outreach meeting held at local health unit Dec 22<sup>nd</sup>.

Meeting with Leigh Ann and Meshell to plan Teen pregnancy education in the schools.

**OTHERS: FLU SHOTS**

**OTHERS: FLU SHOTS:** Flu shots given at Sheriffs' Office Dec 13<sup>th</sup>

**OTHERS: SKIN TEST:** Skin Test given at Sheriff's Office Dec 13<sup>th</sup>

**COMMUNITY FLU CLINIC:** Flu shots given at Sheriffs' Office Dec 13<sup>th</sup>

**SPONSORED TRAINING FOR COMMUNITY/COALITION:** Planning meeting for TLC Summit Dec 6<sup>th</sup> & 9<sup>th</sup>

**MEETINGS**

Quorum Court Budget meetings Dec 6<sup>th</sup>, 13<sup>th</sup>

**ADMINISTRATIVE FUNCTIONS:** e-mail and phone contact with coalition members, TLC planning

**Scott County**

**LHU Administrator: Darla Mortimore**

Report not received

**Searcy County**

**LHU Administrator: Elizabeth Seftar**

**AGING POPULATION:** Medication assistance program has 22 Searcy Co. patients. 67 rx rcvd in Dec. 646 rx received year to date

**ALCOHOL & DRUG PREVENTION:** Planning for "Making a Difference" Searcy Co. town hall meeting

**BREAST CARE, BREASTFEEDING FAMILY PLANNING, IMMUNIZATION, TOBACCO/SMOKING CESSATION:** Bargain Barn/Ferguson's superette

**DIABETES:** Diabetes Class 12/16 with 8 in attendance

**INJURY PREVENTION:** Hunters safety education class by Arkansas Game and Fish

**NUTRITION:** Newly formed Weekly weight watchers meeting

**ORAL HEALTH:** CHNS provided info. to school nurses regarding dental care.

**PHYSICAL ACTIVITY:** Newly formed Weekly weight watchers meeting

**TEEN PREGNANCY:** YMHF class/Thrive home visits. Class meeting at SCHD.

**YOUTH OUTREACH:** Began planning town hall meeting for Jan 30 regarding risky behaviors in youth including alcohol abuse and prescription drug abuse.

**WORKSITE WELLNESS:** OMHN meetings Dec. 1, 6, 12

**OTHERS:** YMHF-recertification of child abuse and neglect local council.

**MEETINGS**

- Multi disciplinary team mtg Discuss abuse cases in county with DHS/Children services/law enforcement/prosecuting attorney.
- 120211 OMHN

**MEDIA**

**Marshall Mtn. Wave Resistance to Antibiotics cause for concern**

**Public notice of radium and fluoride results in SDM water association.**

**GRANTS**

- **Susan G. Komen grant pending for OMHN (AP)**
- **Arkansas Rural Health Services Revolving Fund is pending (for screening equipment through OMHN (AP)**

**NETWORKING**

**122811** Prevention coalition meeting/health fair planning meeting

**122111** CHO contacted regarding town hall meeting-Dr. Blair will be a panel participant.

Arkansas Cancer Coalition did a site visit in Searcy Co. They were very impressed that our coalition and the OMHN have been working to make policy changes at the corporate level. Stated we were the only county that was trying to impact change at that level. They were highly encouraging to apply for the next ACC grant

**Sebastian County**

**LHU Administrator: Jo Wester**

**BREAST CARE, ENVIRONMENTAL HEALTH, FAMILY PLANNING, IMMUNIZATION, TOBACCO/SMOKING CESSATION,**

**WIC, TB, FLU:** 121311 Partnered with Governor's Dislocated Workers' Task Force: Presentation on services and Outreach materials provided at Penske Logistics by Sharon Shaver. (outreach form completed)

**CANCER:** 120711 Education Session at Donald W. Reynolds Cancer Support House, "Coping With Cancer From a Christian Perspective". A message of hope for survivors, speakers Dr. Daniel Mackey, Cooper Clinic Oncologist

**ENVIRONMENTAL HEALTH:** 121211 Presentation by Matt Hicks to 8<sup>th</sup> Grade Science Class at Ramsey Jr. High. Topic was basic soils and their relationship[onsite wastewater. (outreach form completed)

**STD/AIDS/HIV:** 120711 Gateway House Inc., Presentation and Outreach materials provided. 4 Rapid HIV test and 4 field bloods provided for HIV/Syphilis. (Outreach form completed)

120711 Harbor House Inc., Presentation and Outreach materials provided. 9 Rapid HIV test done and 2 field bloods drawn for HIV/Syphilis. (Outreach form completed)

#### **MEETINGS**

- 120211 ATC-20 Post Earthquake Safety Evaluation of Buildings Training held in Fayetteville, sponsored by ADEM instructor, Steve Sharp
- 120611 Drug Free Coalition Meeting speaker Lee Prince

### **Van Buren County**

**LHU Administrator: Donna Branscum**

**ALCOHOL & DRUG PREVENTION:** TEA Coalition works continually on DFC programs

**DIABETES:** OMHN Diabetes classes met Dec 16 with 8 in attendance

**EMERGENCY PREPAREDNESS:** ER call down done 120611

**ENVIRONMENTAL HEALTH:** Worked with EHS on two separate CD issues

**INFANT MORTALITY, TEEN PREGNANCY:** YMHF program and THRIVE program working with teen moms (61 moms)

**NUTRITION, OBESITY:** Growing Healthy Communities summit held 120611

**PHYSICAL ACTIVITY:** Walking assessment done for Clinton for Growing Health Communities 120611

**WORKSITE WELLNESS:** Working with Ozark Health to start Worksite Wellness program

**OTHERS: MEDICATION ASSISTANCE PROGRAM:** \$35,207.25 medications received this month and YTD \$658,787.79 for the OMHN MAPP program

**SPONSORED TRAINING FOR COMMUNITY/COALITION:** Growing Healthy Communities summit with education on nutrition by David Rath and Rick DeRoque from the "Biggest Loser"

#### **GRANTS**

**SAMSHA \$500 grant for TEA Coalition to do a Town Hall Meeting this spring**

#### **NETWORKING**

- 120211 OMHN meeting
- 120811 TEA board meeting
- 121611 Met with County Judge on using Health Department land for community garden

### **Washington County**

**LHU Administrator: Glenda Parker**

Report not received

### **Yell County**

**LHU Administrator: JM Graves**

#### **MEETINGS**

- Yell County Drug Coalition Baptist Church Danville Chose winners of School Poster Contest
- Yell County Safety Meeting Danville Court house/All county Departments ; the topic of meeting was Winter Weather Safety
- Tri County Regional Water District
- Yell County Child Development Advisory Committee

